

PRACTICE PRESS

Maternity, Gynaecology and Sexual Health Services.

Have you just found out you're pregnant? Do you not know what to do next?

You now no longer need to see your GP for referral to the Midwives or for Termination of Pregnancy services.

For Maternity Services you can self refer by telephoning **01724 387977**, where an appointment will be made for you with a local midwife.

For Termination of Pregnancy Services, you can self refer by telephoning **0300 330 1122**. You will be seen within 5 days of making contact with them.

For contraception and sexual health services you can telephone **0300 330 1122**, to make an appointment and will be seen within 48 hours. They also hold a walk in clinic. You can find out the times by telephoning the same number. It is an integrated family

planning and STI testing Service.

For our family planning services; if you have the Implant, you need to order it once your appointment has been booked. You should then collect it from your usual pick up point and bring it to your appointment.

Finally our family planning nurse Sister Linda Norris has achieved her accreditation for implant and coil insertions. We are expecting to intro-

duce clinics in the very near future.

If you have any queries regarding any of the above information, please feel free to ask at Reception.

New Community Ultrasound Service

NHS Patients in Barton and the surrounding area are set to benefit from increased choice, convenience and access to ultrasound services following the launch of a new community diagnostic non obstetric ultrasound service at Central Surgery, Barton upon Humber.

The new service will be provided by highly experience Sonographers from Northern Lincolnshire and Goole NHS Hospitals Foundation Trust. The service has been set up to improve patient choice and local access by delivering the service from a community setting closer to people's homes.

The Sonographers work with a consultant radiologist's overview to ensure high levels of quality and care and also to provide specialist advice where necessary.

The service will support local GPs in rapidly diagnosing patients' conditions and commencing the necessary treatment as soon as possible. The service will commence on Friday August 10th 2012 and all patients referred for an ultrasound scan to the Trust who live in the Barton and surrounding area will be offered an appointment at this new venue, if not convenient, scans can still be accessed at Scunthorpe General Hospital.

Tracey Broom

**Head of Diagnostics
Northern Lincs & Goole
Hospitals NHS Foundation
Trust**

Tel 01472 874111 ext 2365

Head of Ultrasound Scunthorpe – Kirsty Kent, then Beverley Logan, Karin Hutson, Emma Marrian, Wayne Pattinson and Jane Wood Ultrasonographers all based at Scunthorpe.



Starters and Leavers

You may already be aware, that Dr Chambers is leaving us at the end of July. She is an extremely valued member of staff and will be missed by all.

Dr Chambers joined us in April 2008 and we are all very sad to see her go.

Sister Louise Ede has also departed recently from the nursing team and Dr Leon; one of the locum doctors, is leaving on the 31st August after a long

term assignment with us throughout the summer.

Dr Ranjan, our GP Registrar finished her training time with us at the end of July. However Dr Rex Sote will be joining us on the 1st August to replace Dr Ranjan.

Finally Kayley Wright, has joined our Dispensary team.

Below is a picture from Sister Ede's leaving do.



From left to right: Victoria Woodhouse, Sue Doughty, Natalie Birch, Dr Fergus Macmillan, Louise Ede and Sally Roff.

Does he inspire you?

Dr Macmillan completed the Humber Bridge Half Marathon on the 24th June 2012, in memory of Dr Imran Arfeen. Dr Macmillan ran an impressive 13.1 miles in 1 hour 40 minutes and 35 seconds, raising £200 which he has donated to the lymphoma association.

Approximately 2000 runners take part in the race every year, many donating to a charity close to their heart.

The Lymphoma Association is a registered charity, which is there to ensure support to anybody affected by Lymphoma and also to give accurate and relevant information to those



Dr Macmillan, smiling happily throughout the run!

who need it.

If you would like to donate to the charity their website is:

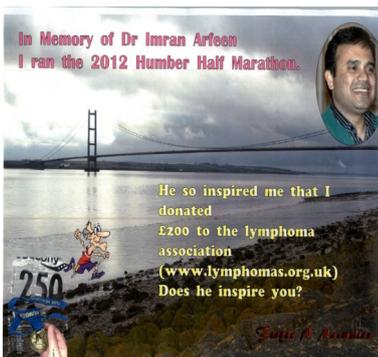
www.lymphomas.org.uk.

If you require any more information please ask at Reception.

Dr Macmillan said "In memory of Dr Imran Arfeen, I ran the

2012 half marathon. He so inspired me that I donated £200 to the Lymphoma Association, does he inspire you?"

Meanwhile many of our other staff have completed charity races, with Sarah Nicholson completing Race for Life and Victoria Woodhouse and Janet Pounds completing an 8 mile walk for Lindsey Lodge Hospice.



You said... We did...

You may have seen our new display board in the waiting room, which we have called 'you said, we did'. It was created to highlight some of the changes we introduced based on the responses received from our 2011 patient survey.

We are hoping to add more, so please feel free to put comments or suggestions in our suggestion box located in the main Reception area. Alternatively we have added a suggestion form to our website, which you can complete online and send anonymously. Please note neither the suggestion box or the website comments are part of our official complaints procedure, therefore you will not receive a direct reply to your comments.

Below are the statements displayed on our notice board in Reception:

You said: "I would like to be able to ring Goxhill surgery directly"

We did: You can now call Goxhill Surgery Directly on 01469 532617.

You said: "There are not enough Doctors".
& "There are too many Locums."

We Did: We are currently recruiting two new permanent Doctors to our team.

You Said: "It can take up to an hour before someone answers the telephone at 8.00am."

We Did: We have changed our Goxhill opening times to 8.00am, so that patients wanting to attend the Goxhill surgery can telephone there directly.

You Said: "I do not wish to have to walk past others to put my prescription in the repeat box"

& "I would prefer an easier way to order my prescription that will not coincide with my working times"

We Did: We have created

an e-mail prescription service, where you can either e-mail your prescription to:

prescriptions@bartoncare.com.

Alternatively you can send a request form via our website:

www.centralsurgery-barton.co.uk

You said: "I am concerned at the lack of information sent to a patient, when changes are made".

We Did: We now have a quarterly Newsletter, which you can pick up from the Surgery or the local Chemists.

MINOR AILMENTS SCHEME

Many common illnesses, e.g. sore throats, sniffles, coughs and colds, will very often clear up on their own after a couple of days. You probably do not need to see a doctor unless symptoms have been occurring for a while. Furthermore, for many conditions you can consult your local pharmacist before coming to the surgery, where, if you qualify for free prescriptions, you can get free treatment and advice. The following conditions are

examples of what the pharmacist will be able to help you with:

- Athletes Foot
- Cold Sores
- Conjunctivitis
- Cystitis
- Dermatitis
- Diarrhoea
- Haemorrhoids
- Hayfever
- Headlice
- Insect Bites and Stings
- Nasal Congestion
- Threadworm

- Thrush (Oral and Vaginal)
- Warts and Verrucae

By visiting your pharmacist when experiencing any symptoms of the above conditions you will receive advice on how best to deal with your symptoms, the right medicine for you, and advice on how to take the medicine.

Central Surgery

Central Surgery
King Street
Barton-Upon-Humber
DN18 5ER
Tel: 01652 636600

The Village Surgery
Howe Lane
Goxhill
DN19 7JD
Tel: 01469 532617

www.centralsurgery-barton.co.uk

Free Health Checks

If you are aged between 40-74 you are entitled to free NHS Health Checks with your Surgery.

Please contact Reception to request an appointment.

Missed Appointments

April - 74

(equivalent to nearly 12 hours lost Doctors time)

May - 119

(equivalent to just nearly 19 hours lost Doctors time)

June - 89

(equivalent to just over 14.5 hours lost Doctors time)

Once again we have shown the number of missed appointments with the Doctors from April to June.

We need to draw your attention to the practice policy for dealing with patients who persistently fail to attend their appointment.

After two consecutive failed appointments the patient will receive a letter informing them that if this happens a third time they will be removed from the practice list. After a third failure to attend, patients will be informed of their immediate removal from the list.

The figures shown do not include failed appointments with the Nurses and appointments for specialised clinics.

We thank you for your co-operation in notifying the practice if you are unable to attend an appointment at the surgery.

GOXHILL PHARMACY

HOWE LANE

GOXHILL

Tel 01469 532560

WE CAN DISPENSE TO ALL PATIENTS WHETHER REGISTERED WITH THE PRACTICE OR NOT AND REGARDLESS OF WHERE YOU LIVE

FREE DELIVERY SERVICE AVAILABLE, INCLUDING BARTON & BARROW

PHARMACIST AVAILBALE FOR ADVICE ON MEDICINES AND MINOR AILMENTS

FREE MEDICATION CHECKS

WIDE RANGE OF TOILETRIES, MEDICINES AND ACCESSORIES AVAILBLE IN STOCK

- PRESENT THIS ADVERT FOR 10% DISCOUNT (excludes NHS prescription charges)